

**Saratoga Regional YMCA - Stingrays TENTATIVE Meet Schedule
2019 - 2020**

	Day	Meet	Name	Host	Remarks
September					
11	Wed.		Stingray Practice begins		
October					
12	Saturday	Duel	Kingston	Home	Warm-ups 1:00 pm
19 & 20	Sat & Sun	USA	Trick Or Treat	TBA	TBA
26	Saturday	Duel	Guilderland	Away	Warm-ups 1:00 pm
November					
2	Saturday	Duel	Fulton	Home	Warm-ups 1:00 pm
9	Saturday	Duel	Glenville	Home	Warm-ups 1:00 pm
23	Saturday	USA	Harvest	BSpa	TBA
December					
7 or 8	Sat / Sun	USA	Super Splash	Union	TBA
14	Saturday	USA	Shark Mini Meet		TBA
15	Sunday	USA	Dec. Dist. Meet		TBA
22	Sunday	Duel	E. Greenbush	Away	TBA
January					
1			Polar Bear Swim		Lake George
18	Saturday	Duel	Glens Falls	Home	Warm-ups 1:00 pm
26	Sunday	USA	SPLASH	SKID	Warm-ups TBA
February					
1	Saturday	Duel	So. Saratoga	Home	Warm-ups 1:00 pm
8 or 9	Sat or Sun		Club Championships	TBA	TBA
23	Sat.	YMCA	League Championships	TBA	TBA
March					
20, 21 & 22	Fri. - Sun.	YMCA	NYS YMCA Championships	ECC	TBA

Website:
www.yswimmingnewyork.org
www.usaswimming.org
www.adirondackswimming.org

YMCA/Duel meets
Recommended USA meets
 Additional USA to be staffed if
 enough swimmers will attend

YMCA Invitational Meet